

EMERGENCY PLAN

Louis Self, PASA certified instructor 602 992-9438 arizonaloukiteboarder.com

Due to the fact that I expect to be giving instruction in a variety of locations, these emergency procedures are somewhat general. In a word: Don't jump into a situation until you've figured out what the situation really is and what can be done.

BEFORE AN EMERGENCY OCCURS

Have emergency medical services in GPS receiver

(in my case: Brownsville, Corpus, LA, Phoenix, OBX)

Carry first aid supplies (in my case in a drawer in my van)

Always know where you are and how to describe your location if necessary

Check that you have your cell phone on site as appropriate (if feasible, on the water)

Exchange information with the student as to the location of auto keys and emergency info.

SITUATIONAL EVALUATION

Determine possible hazard(s) to the student, myself and other persons in the area.

Access if the conditions are likely to deteriorate

Determine if it is safe to help the student

Avoid "tunnel vision" and observe the big picture; the whole environment

PLAN STRATEGY

Employment of other available resources that can respond more quickly or appropriately

Communication with the victim/student if possible

Equipment available for a possible rescue, including kites, boards, oars PDFs etc

How to get to the victim/student if necessary

Act!

Phone 911 if appropriate, or ask someone else to do it

Inform others nearby of your intentions if appropriate

Calm the student/victim

Provide needed assistance, whether it be help with kite, board, flotation, body heat, body cooling, injury, bleeding etc.